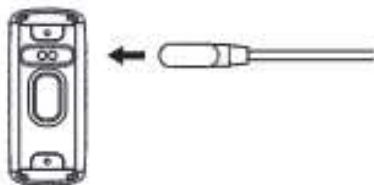


- Scan: Scan the QR code to download and install the application
- Android: Search for "Keep Health" through Google Play to download and install the application
-



Preparation before Use

For the first use, please long press the touch button to power on. If it cannot be powered on for use, please charge the device first.



Connected Device

1. Long press the touch button on the watch to turn on the device and activate Bluetooth on the phone.
2. Open the Keep Health app, register an account, and log in.
3. Enter the APP device page, click on "Add Device", and add the Bluetooth device that needs to be connected.
4. Connection completed